

Tools for School

Sponsored by Autism Society Montgomery County, The Arc Montgomery County, and Down Syndrome Network of Montgomery County

What Does Sleep Apnea Have To Do With School and Work Performance?

You are invited to:

- Learn about healthy sleep habits and needs of children and adults*
- Learn about sleep apnea*
- Recognize sleep apnea*
- Hear how sleep apnea is diagnosed and treated*
- Reflect on the impact of sleep apnea in school and job performance*

Presented by

Dr. Grace Pien, M.D.

*Pulmonary Critical Care Medicine, Sleep Medicine
Johns Hopkins Hospital Sleep Center*

Wednesday, April 5, 2017, 7:30-9 pm

The Arc Montgomery County,
11600 Nebel Street, Rockville, MD 20852
(Directions on reverse)

For more information about topics and speakers for each month, visit:
<http://thearcmontgomerycounty.org/what-we-do/for-families/tools-for-school.html>

Call or email anyone below to register for this free presentation!

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No childcare available.

*Directions to The Arc Montgomery County
11600 Nebel Street, Rockville, MD 20852*

Traveling South on MD 355 (Rockville Pike): Take MD 355 south and turn left at Randolph Rd. (Montrose Rd.). Proceed to the second traffic light, then turn right on Nebel St. Follow for almost 1 mile to the brown brick 2-story building on the right. Turn right into the parking lot and use the Training Entrance at back of building.

Traveling North on MD 355: Turn right on Nicholson Lane and proceed to the third traffic light. Turn left on Nebel St., and proceed about 1/10 of a mile to 11600 Nebel St. Turn left into the parking lot and use the Training Entrance at back of building.

Traveling West on Randolph Road: Follow Randolph Rd. toward MD 355, cross the train tracks and then turn left at the light onto Nebel St. Follow for almost 1 mile to the brown brick 2-story building on the right. Turn right into the parking lot and use the Training Entrance at back of building.