

# Low Intensity Support Services (LISS)

## What is Low Intensity Support Services (LISS)?

LISS is a statewide program funded through the Developmental Disability Administration (DDA). LISS funding is flexible, dynamic and adaptable to the needs of the individual. LISS is designed to make use of community resources and builds on the individual's existing support network.

LISS is preventive in nature, responsive, and time limited to assist children and adults with developmental disabilities improve their quality of life, remain in their own homes, increase or maintain independence, and participate in their communities. LISS may be accessed multiple times throughout a year and across multiple years. It cannot exceed \$3,000 in one fiscal year. Families and individuals *must be specific* in their requests.

## What are some examples of LISS services and supports?

- Adaptive equipment
- Assistive technology
- Camps
- Counseling
- Eviction/utility disconnection assistance
- Home or auto modification
- Respite
- Therapeutic services

## Who is eligible to apply for LISS?

Maryland residents who have a developmental disability and who are not currently receiving DDA funding for full residential services are eligible for LISS funding.

## How do I apply for LISS?

Complete a LISS Request form with signature, and deliver or mail it with the following documentation:

- Copy of Social Security Card
- Proof of Maryland residency (i.e. state ID, driver's license, utility bill)
- Cost estimate from vendor
- Documentation of disability (i.e. Individualized Education Plan, medical statement)
- Physician/Professional recommendation for therapeutic services or adaptive equipment.

*In addition*, if an individual is age 18 or older, he/she must complete a Medical Assistance application.

## Who do I contact with questions?

Montgomery County residents should contact Maria Dudish, 11600 Nebel Street, Rockville, MD 20852, 1.877.604.7470, [LISS@arcmontmd.org](mailto:LISS@arcmontmd.org).

Prince George's County residents should contact Carmelita Ataviado, 1401 McCormick Drive, Largo, MD 20774, 1.877.967.5272, [LISS@thearcofpgc.org](mailto:LISS@thearcofpgc.org).

Calvert, Charles and St. Mary's County residents should contact Caroline Blackmer, 25470 Point Lookout Road, Unit H, Leonardtown, MD 20650, 1.877.587.6464, [LISS@arcsomd.org](mailto:LISS@arcsomd.org).

For a complete listing of other LISS agencies in Maryland, visit [www.ddamaryland.org](http://www.ddamaryland.org).