

Free registration here. Closed Captioning will be available.

10am **Welcome**

10:05 – 11:00 Keynote – Transition Process

 Margie Parrott, MCPS Transition Services, and Nicole Sheppard, Transitioning Youth Coordinator, Maryland Developmental Disabilities Administration (DDA) Southern Region, explain the transition process from age 14 through high school graduation and beyond.

11:00 – 11:15 Entertainment break

11:15 – 11:30 **Advocacy Bootcamp**

 Adrian Forsythe, an accomplished ArtStream actor and self-advocate, provides tips on developing skills to speak up for what you need and want in the community and the workplace.

11:30 – 12:00 Figuring Out Self-Directed Services

- Parent and <u>MCTransitions</u> Founder Reda Sheinberg leads a panel discussion with
 - Alicia Wopat, advocate for individuals with developmental disabilities and Board President of the <u>Self-Directed Advocacy</u> Network
 - O Debbie Fickenscher, author of *The Right to a Full Life*

12:00 – 12:30 What can DORS do for you?

 Adam Travelpiece, Vocational Rehabilitation Specialist, explains the services provided by DORS, the Maryland Division of Rehabilitation Services.

Transitioning Youth VIRTUAL Resource Fair November 14. 10:00 am – 3:30 pm Bit.ly/TransitionWorkGroup

12:30–1:00 Break for lunch – open chat on Zoom

1:00 – 1:30 Resilience, Routines & Rockin' the Tough Stuff

 Dr. Jeni Stepanek, Senior Faculty Specialist at the University of Maryland and CEO & Chief Peace Officer of the Mattie J. T. Stepanek Foundation, explores resiliency, based on her research and personal experience as the parent of four children with complex medical disabilities. Dr. Stepanek is also an award-winning author and advocate of family support, peace and spirituality.

1:30 – 1:45 **Mental Health Resources**

• Shawn Lattanzio, Child and Adolescent Mental Health Coordinator for the Montgomery County Local Behavioral Health Authority, shares the resources mental health service and treatment in Montgomery County.

1:45 – 2:00 Entertainment break

2:00 – 2:45 Choosing and Working with Your CCS agency

- Rosemary DiPietro, Program Manager for Coordinator of Community Services at Montgomery County's Department of Health and Human Services, will lead a panel of CCS agency representatives to provide tips on choosing and working with your CCS agency:
 - o Linda Musiani, Optimal Health Care, Inc.
 - o Shakeela Gray, Service Coordination
 - o Kiarra Bragg, Total Care Services, Inc.
 - Virginia Thorogood, MMARS

2:45-3:30 Social Security

• Diana Varela, Public Affairs Specialist with the Social Security Administration, will share important details about SSI (Supplemental Security Income) and SSDI (Social Security Disability Insurance).

Facebook.com/TransitionWorkGroup

Let's Talk Transition! Facebook Group