

# **Transition Times**

Collaborative Workshops Focused on Transitioning & Adult Life Issues

## **Improv with ArtStream**

#### Featuring Nicolette Stearns, M.Ed.

Theatre Educator, Social Skills Trainer, Playwright, Director and Co-Founder of ArtStream

#### & Adrian Forsythe y Korzeniewicz

ArtStream Actor, Peer Mentor, Gaithersburg Theatre Company Board of Directors Client Liaison

### Self Advocates are highly encouraged to attend!

Join ArtStream for a "Into to Improv" workshop! You'll practice thinking on your feet, honing your listening skills, increasing flexibility and risk taking, sharpening your observation ability, connecting within a group and enhancing problem solving and creativity, all while having fun! No experience necessary.

### Wednesday, December 11, 2019, 7:00- 8:30pm

The Arc Montgomery County,

7362 Calhoun Place, Rockville, MD 20855

#### **Registration is on a first come, first serve basis; Limited to 25 attendees.**

Click here to register: <u>https://thearcmontgomerycounty.org/connect/agency-</u> calendar/event/2019/12/11/transition-times-meeting/262363.

NO CHILDCARE PROVIDED. For confirmation of meeting dates, questions, and topic suggestions, please contact Melissa Wyman, <u>mwyman@pcr-inc.org</u>.

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