

## Meeting Notes: January 24, 2019

We did introductions welcoming back returning members and welcoming new members.

Aileen provided an introduction to what STAND Together is and its activities throughout the year.

Activity - Everyone received a bag of shapes and had to recreate an image shown on the paper using and manipulating the pieces.

Members answered the question of what self-advocacy means individually and then shared with the group

Rights and Responsibilities as Citizens - Members explained the difference between a right and a responsibility. Each member was then given a word written on a piece of paper and they had to explain whether the word was a right or a responsibility that citizens have. Some of the words could fit in both categories.

Calendar Day was January 9<sup>th</sup> - Aileen gave an update about the activities that took place at Calendar Day in Annapolis. She explained that first there was a briefing about potential bills that could be important to the DD community and the impact they could have. Then she talked about going around to different offices and delivering calendars to various legislators.

Government Shutdown - We talked briefly about the impact that the Federal government shutdown was having on individuals and their families and identified resources for help if people needed it.

Winter Weather - We spoke briefly about staying informed about the weather forecast and the importance of being prepared and dressing appropriately in winter weather.

Social Security Scam - The Inspector General of Social Security has been urging Citizens to be aware of telephone scams. We received a handout and discussed not giving out personal information unless you know who you are giving it to.

We had a brief discussion about transportation issues.

Raffle - Justin won the raffle for the evening.



# STAND Together

Self Advocacy Group



## Upcoming Events

- Developmental Disabilities Day (DD Day) at the Legislature (Annapolis) - February 13<sup>th</sup>  
Some of our members will be attending this event, representing STAND Together and The Arc of Montgomery County.
- Respite Fair - March 23rd, Bohrer Park  
STAND Together will have a table and we will be assisting at this event.

## The next meeting will be:

Thursday, February 28th

6:30-7:30 pm

Saint Mark Presbyterian Church

10701 Old Georgetown Rd

Rockville, MD 20852

For those taking the bus, Ride-on bus 26 from White Flint Metro goes directly there.

Aileen O'Hare  
Editor-In Chief

## For more information, contact:

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