## **Transition Times**

Collaborative Workshops Focused on Transitioning & Adult Life Issues



## Join Us This Spring!



- Gather information about issues facing transitioning youth and their families
- POTOMAC COMMUNITY RESOURCES, Inc.

- Share resources to address adult life challenges
- Learn how other families have resolved problems
- Network to learn about community opportunities
- Support and be supported by other families and make social connections

## Spring 2019 Meeting Dates January 16, February 20, March 20, April 17, May 15

All meetings are from 7:30-9 pm

The Arc Montgomery County, 11600 Nebel Street, Rockville, MD 20852

Registration is required; online registration opens one month prior to each meeting at <a href="https://www.TheArcMontgomeryCounty.org/connect/agency-calendar">www.TheArcMontgomeryCounty.org/connect/agency-calendar</a>

For more information about current topics and speakers, visit <a href="http://thearcmontgomerycounty.org/what-we-do/for-families/transition-times.html">http://thearcmontgomerycounty.org/what-we-do/for-families/transition-times.html</a>

Previous topics have included SSI/DDA/DORS/DHHS/Medicaid/HOC, the transition process, sibling issues, marital/family issues, sexuality, residential/vocational options, record-keeping strategies, peer relationships, self-advocacy, estate/long-term planning, respite, transportation, recreation and more

For confirmation of meeting dates, questions, and topic suggestions, please contact any person listed below.

12/2018