

# 2TheAnc

The Arc

Child Care nd Education **Summer 2015** 

Me

for

### In This Issue

Page 2-3
-Agency Updates

Page 4-5
-Beat the Odds Gala

Page 6-7

-Center for Future Planning -Celebrating Direct

-Celebrating Direct Support Professionals Week

Page 8-9
-Donors

Page 10-11

-Transitioning Youth Resource Fair -MD Sibs 2015 Conference -Funding Forecast

Page 12
-Duck Splash Festival

## See and Be Seen!

It's been a busy spring and summer at The Arc Montgomery County! Events large and small have provided an opportunity to showcase our services.

In July, The Arc participated in the MCITP (Montgomery County Infants and Toddlers Program) resource fair. This event provided families with information about the multitude of resources available in Montgomery County. The Valcourt-Pearce family stopped by (above), sporting their bright orange KFICCC shirts to

advertise our fully-inclusive child care center.

Donna King, Director of The Arc's Transitioning Youth Retail Project, accepted the Sally and Robert Goldberg MOST™ Partner of the Year Award from the Jewish Federation of Greater Washington (right). This award recognizes an outstanding partner which has supported young adults with disabilities as they prepare for employment opportunities after leaving high school.

In early September, Urban Thrift celebrated its first anniversary by sponsoring the Town of Kensington Labor Day Parade and Festival. Hundreds of people from the community viewed Urban Thrift's banner in the parade (right) and many stopped by our booth to learn more about the store and how it supports The Arc.



(left) visited a Vocational & Day Services cleaning crew at the Rockville Library as part of our LEARN (Legislators Experiencing The Arc Right Now) program. He talked with people receiving support from The Arc about their work, which is performed under

a custodial contract with Montgomery County.
Additional LEARN visits are scheduled throughout the autumn.

Achieve with us.



Identifying, creating and sustaining inclusive communities that embrace and engage individuals and families affected by intellectual and developmental disabilities.

# Achieve with us.

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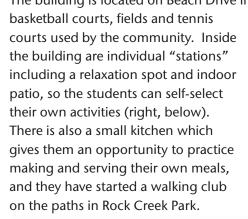


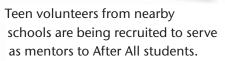
# **Agency Updates**

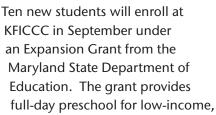
The 2015-2016 Board of Directors was installed on June 24. New board members participated in orientations during August, which provided them with an opportunity to see The Arc's programs in action. Visit locations included personal residences of people who receive support services, vocational employment sites, children and youth program centers, Urban Thrift and a TYRP internship site (left).

Children & Youth Services finally opened a new

location for After All in a building owned and operated by the Maryland-National Capital Park and Planning Commission. The former location was destroyed by a fire and After All students were displaced for almost a year during the process of securing new space. The building is located on Beach Drive in Kensington, directly adjacent to a large park with



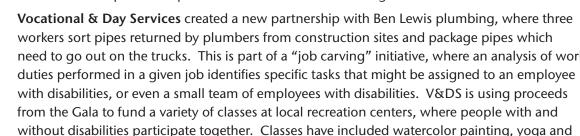




four-year-old children, including lunch and

parent enrichment seminars. Montgomery College will send 28 nursing students to complete their pediatric rotation at KFICCC during the fall semester.

Vocational & Day Services created a new partnership with Ben Lewis plumbing, where three workers sort pipes returned by plumbers from construction sites and package pipes which need to go out on the trucks. This is part of a "job carving" initiative, where an analysis of work duties performed in a given job identifies specific tasks that might be assigned to an employee with disabilities, or even a small team of employees with disabilities. V&DS is using proceeds from the Gala to fund a variety of classes at local recreation centers, where people with and without disabilities participate together. Classes have included watercolor painting, yoga and



Zumba. A new Community Connector position will "float" to provide 1:1 support to people as needed when they participate in inclusive experiences.

Family & Community Services is again offering workshops and seminars for families, all of which are posted on The Arc's website. They are partnering with MC Transitions to host a resource fair for transitioning youth on October 3, and will participate in a new conference just for siblings of people with disabilities, scheduled for October 17 (see flyers on page 10).

Residential Services continues to consolidate homes as needed, and has also added a Community Connector position to support people as they participate in inclusive experiences. Residential Services Direct Support Professionals were recognized in early September with small celebrations and gift cards during DSP Appreciation Week.



3

**Urban Thrift** was a sponsor of the Kensington Labor Day Parade and combined the festivities with a 50% off store-wide sale. A new public relations and marketing plan is being implemented to generate new customers, and the store is still recruiting for a manager. **Human Resources & Staff Development** has implemented web-based systems for employment applications and training registration, and has added a module for electronic processing of Employee Change Notices. All of these new systems are designed to make it easier to receive and sort information, as well as to move The Arc forward technologically.

The Transitioning Youth Retail Project has graduated two classes (above). Of the 21 students completing the course, 10 are employed. According to evaluation surveys, parents overwhelmingly agreed that TYRP had positive impacts on their son's or daughter's employment potential. Parents indicated they have more realistic perceptions of their son's or daughter's ability, and that the students had become more proactive and responsible in multiple areas of daily living. From The Arc's perspective, these are attributes which not only contribute to employment success, but also advance our goal of creating and sustaining inclusive communities.

# Proud Presenting Sponsor of The Arc Montgomery County Gala



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Emcee Julie Wright from NewsChannel 7/ABC7 WJLA-TV welcomed guests, and Frank Lee shared how support services from The Arc allowed him to continue living with his sister after his parents' death. Another highlight of the evening was The Arc's newest video, *After All: One Family's Story* which featured Eric Jorgensen and his son, William. This video can be viewed on The Arc's website, YouTube channel and Facebook page.

The Arc gratefully thanks the many organizations and individuals who sponsored this event, including our Presenting Sponsor, The Insurance Exchange.

# **Future Planning:** It's Possible and Necessary

Future planning is important for all families. Yet, thinking about the future can be challenging and emotional. Last year. The Arc of the United States launched the Center for Future Planning to encourage and support individuals with intellectual and developmental disabilities (I/DD) and their families as they plan for the future. Having a plan is important especially after the parent or caregiver can no longer provide support. With an estimated 600,000-700,000 families in the United States where an adult with I/DD is living with aging family members and there is no plan for the individual's future, the need for this resource was clear.

The Arc's Center for Future Planning website is now live and ready to guide families as they take the first steps to plan for the future. The Center's website provides reliable information and assistance to individuals with I/DD, their family members and friends, chapters of The Arc and disability professionals on:

- person-centered planning
- supported decision-making and guardianship
- housing options
- financial planning
- · employment and daily activities
- making social connections.

In addition, the Center's website features stories of people and



who have created

future plans or who are in the planning process.

These stories may help families get an idea about what to include in their plan or in some cases, modify an existing plan.

The Center also offers webinars to chapters of The Arc and other professionals who support people with I/DD to help them learn how to assist families in the future planning process. Planning ahead can be difficult, but it's possible and necessary. You can learn more about the resource and training opportunities the Center for Future Planning provides at *futureplanning.thearc.org*. Please contact The Arc's national office at 202.617.3268 or futureplanning@ thearc.org for more help.

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# Celebrating Direct Support Professionals Week

Direct Support Professionals do it all! They listen, coach, teach, advocate, mentor, support, inspire, guide, empower, comfort, play, exercise, schedule, and most of all, truly care for the people they support. During Direct Support Professionals Week (September 13-18), these staff were recognized and celebrated.

The Arc Montgomery County's Board of Directors presented each Direct Support Professional (DSP) with a letter of appreciation and a Visa gift card. In addition, each division held celebrations throughout the week, adding their own special recognitions.

Residential Services DSP were treated to cake and punch and each received a customized certificate, presented with

kudos from their supervisors. Vocational & Day Services DSP received "goodie bags" with personalized letters of appreciation signed by their supervisors. Family & Community Services DSP enjoyed a sandwich lunch and brief remarks from Joyce Taylor, Executive Director. Children & Youth Services DSP were treated to hot savory crepes from an on-site food truck, plus each received a "survival kit" filled with fun items like a paperclip (for holding it all together) and a crayon (to color their day bright and cheerful).



A Proud Sponsor of Beat the Odds 2015 to Support The Arc Montgomery County!



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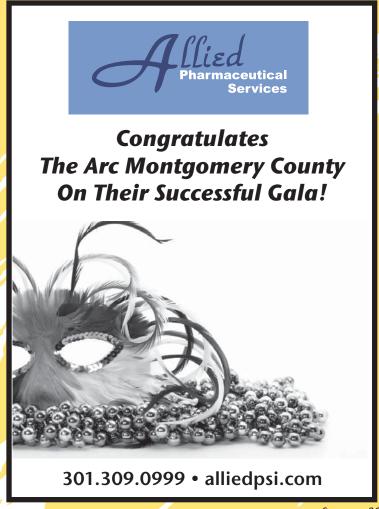
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Sponsored by the Transition Work Group of Montgomery County, a coalition of service providers, government agencies and parents committed to improving the transition of youth with disabilities from high school to independence

Transition Work Group

(240)777-1059



Join us for MDSibs 2015, a one-day conference to meet, connect and learn about siblings of all ages across the State of Maryland.

Whether you are 7 years old or 70, a sibling of a person with developmental disabilities, a person with a disability, a family member, a service provider or a professional,

MDSibs 2015 is for you!

# Saturday, October 17, 2015 9 am- 4 pm

Hilton Baltimore BWI Airport, Linthicum Heights, MD 21090

For the first time, we are bringing people together to discuss the "other" sibling. We will learn about the unique bond between a person with developmental disabilities and their siblings. It is a relationship full of ups and downs, that spans generations and affects the individual, the family, organizations and state priorities and policies. We have tracks for children, teens and adults.

### Register at www.MDSibs.com

Questions? Email mdsibs@md-council.org OR Call 410-914-SIBS (7427)

# Paul & Debbie Klinedinst Are Proud to Support 2015 Beat the Odds &

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# **Funding Forecast for The Arc**

The Arc Montgomery County supports raising the minimum wage, because people just can't live on \$8.50/hour. By October 1, 2017, the minimum wage in Montgomery County will increase to \$11.50/hour, providing a better living standard for many low-income wage earners. The Arc also supports affordable health care and appropriate sick leave, and our personnel policies include these benefits every year.

Unfortunately, the net cost of all these good and important financial decisions is triggering a crisis for The Arc and other developmental disability (DD) provider agencies. Salaries are increasing to meet minimum wage standards; administrative expenses are increasing because of Affordable Care Act and Montgomery County's Sick and Safe Leave Act; operating costs like rent, maintenance, utilities, and insurance increase every year. Federal, state and local funding (which represents more than 85% of our budget) simply does not keep pace with these rising expenses.

For the past 10 years, the wage reimbursement provided by DDA (Developmental Disabilities Administration) to support service providers like The Arc has fallen from 69% above minimum wage to 24% above minimum wage. Direct support professionals should be paid significantly more than minimum wage, because they are directly responsible for the safety, health and community engagement of children, youth and adults in our programs. As minimum wages increase and the DDA reimbursement rate loses ground against it, many direct support positions are becoming, in effect, minimum-wage jobs.

Every year we fight an uphill battle to increase DDA funding. In 2014, the DD provider community lobbied the legislature very hard and secured mandated rate increases which would have ensured funding to support staff wages at least 30% higher the state minimum wage through 2019. In January of this year, those increases were slashed by both the outgoing and incoming Governors. Even if the mandated increases for the next two years are funded, when the full effect of the Montgomery County minimum wage increase is felt, The Arc will be reimbursed only \$11.38/hour by DDA. This a direct out-of-pocket loss of \$0.12/hour for every hour worked by direct support staff paid at the base level, and most of The Arc's staff are paid significantly higher, based upon their tenure and job responsibilities. This \$0.12/hour wage differential alone will result in negative income for The Arc of over \$100,000 annually, multiplied by the higher wages we actually pay our staff, plus other mandated expenses like health insurance and sick/safe leave.

For many years, Montgomery County has recognized the challenges faced by DD provider agencies and has funded a DD Supplement specifically designed to help supplement direct support staff salaries. Earlier this year, the DD Supplement was slightly increased by the County Council. However, in order to comply with Montgomery County's minimum wage increases, this supplement would need to grow by a staggering 30%, and we have already been cautioned by Montgomery County Executive Ike Leggett not to expect any increase in FY 2017, due to competing budget priorities.

All of these rising fixed costs mean there is even less money available to support inclusive experiences, which The Arc feels are vital to our inclusion mission. We want to do more than simply feed, clothe and shelter people with disabilities; we want to help them construct fulfilling lives in their communities and to make connections with other people.

As the next budget cycles begin, we will be reaching out to ask people we support and their families to share personal stories and let our elected officials know about the need for more funding. People with an interest in advocacy, legislation and other governmental actions are also encouraged to consider serving on the Public Policy committee. This committee works with The Arc Maryland to review policies, procedures, regulations and legislation related to people with disabilities and their families.

If you have a story to share or would like more information about the Public Policy Committee, please contact Deborah Mark, 301.984.5777 x1245 or *DeborahM@arcmontmd.org*.



**Calendar of Events** September 2015-February 2016



**Duck Splash Festival**Saturday, October 3

Holidays-Offices Closed Monday, September 7 Thursday-Friday, November 26-27 Thursday-Friday, December 24-25 Friday, January 1 Monday, January 18 Monday, February 15

"Inclusion Is Not A Place" Training (pre-registration required) Friday, September 11 Thursday, October 8 Friday, November 13 Tuesday, December 22

> SibShops-Fall Sessions Sunday, September 20 Sunday, October 18 Sunday, November 15

*The Arc US National Convention* Saturday-Monday, October 3-5

Transition Times
Wednesday, September 16
Wednesday, October 21
Wednesday, November 18
Wednesday, January 20
Wednesday, February 17

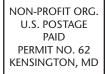
Transitioning Youth Resource Fair Saturday, October 3

Urban Thrift Sales
Anniversary Sale, September 5-7
Veterans Day Sale, November 6-8
Black Friday Sale, November 27-29
President's Day Sale, February 13-15

Volunteer Orientation
Friday, September 4
Friday, October 3
Friday, November 6
Friday, December 4
Friday, January 8
Friday, February 5

Detailed information for all events, including location, is available at www.thearcmontgomerycounty.org

@TheArc





**Montgomery County** 

11600 Nebel Street, Rockville, MD 20852 301.984.5777 www.thearcmontgomerycounty.org

What's Inside?
-Agency Updates
-The Arc Gala Photos
-Event Calendar

# 2015 Duck Splash Festival

# Adopt a duck for your chance to win \$1 million!

Enjoy an afternoon filled with free activities and entertainment for the entire family!

All proceeds support children and youth with and without disabilities enrolled in The Arc Montgomery County's KFICCC & After All Programs

www.TheArcDuckSplash.org

Saturday, October 3, 2015, 12-5 pm Lakefront at Washingtonian Center, Gaithersburg, MD

Beffer gef Quackin!

