

# Transition Times

Collaborative Workshops Focused on Transitioning & Adult Life Issues



## Person Centered Planning

Led by Gail Godwin

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- Learn about and practice with tools and techniques which help a person and his/her circle of support think about and plan for a self-defined “good life.”
- Develop or update an individual’s person-centered plan to help him/her achieve the outlined goals.
- Work on an action plan, accessing resources from a service system, current network, or the community.

**Wednesday, November 14, 2018, 7:30-9 pm**

The Arc Montgomery County  
11600 Nebel Street, Rockville, MD 20852

**Registration is required; online registration opens one month prior to each meeting at [www.TheArcMontgomeryCounty.org/connect/agency-calendar](http://www.TheArcMontgomeryCounty.org/connect/agency-calendar)**

For more information about current Transition Times topics and speakers, visit <http://thearcmontgomerycounty.org/what-we-do/for-families/transition-times.html>

*For confirmation of meeting dates, questions, and topic suggestions, please contact any person listed below.*